

Ultherapy

Pre-Treatment

- Discuss with Provider what your goals and expectations are.
- Determine which areas will be treated at the time of the session.
- If you have history of cold sores, take antiviral before the treatment.
- Discuss with Provider if you will “pre-medicate”:
 - Ibuprophen 800 mg
 - Sedative: Xanax/Valium/Ativan (someone must drive you home)
 - Pain Pill (someone must drive you home)

A prescription for a sedative (Xanax/valium/Ativan) or a Pain Pill (Lortab) must be discussed with the Physician and paperwork signed with the Physician. This is not something that can be called in the day before the procedure.

Some find the procedure tolerable with no medication, but the option of pre-medication is available if desired.