

Donna Johnston, MD: Pre-Treatment Laser Hair Removal

- Not advisable if you are on antibiotics
- Not advisable if you have been on Accutane in the last 6 months
- Not advisable if you have been in the sun in the last 2 weeks or used self-tanner in the last week.
- Avoid waxing, threading, electrolysis, plucking with tweezers for 3-4 weeks prior to treatment.
- If history of cold sores, take antiviral for 2-3 days prior to treatment.
- Discuss with Physician if topical lidocaine will be used: A prescription can be provided to use prior to coming to the appointment as it takes 20-30 min. to be effective.
- Purchase cool-gel packs, Aquaphor, or other topical soothing agents if desired.